



# Community MH 101

What's out there and how  
to find it

---

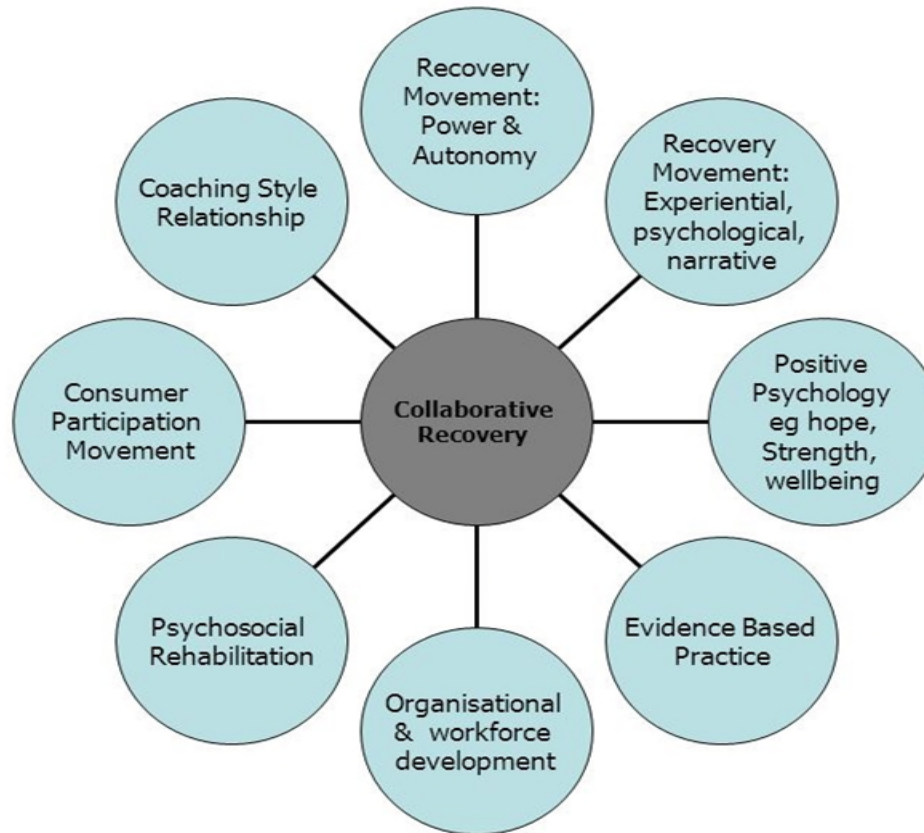
# Learning Objectives

- Identify specific resources
- Increase knowledge
- Develop understanding of the Community Process
- Understand how COVID changed things

# The Community Mental Health System

- Diagnostically diverse
- Evidence based
- Array of services for a variety of populations
- Demand exceeds capacity

# The Recovery Model



# The Community Mental Health System

- Supports recovery & inclusion
- Provides a continuum of services
- Individualistic & unique

# The Community Mental Health System Partners

- Forensic liaisons
- Mental health service providers
- Mental Health Crisis Intervention
- Family & friends

# Services in the Community

- Case management
  - ACM / RC
  - BCM / Service Coordination
  - ACT / CTT
- Specialized MH Services
- Crisis Intervention
- Outpatient Services

# Services in the Community

- Peer support
- Vocational services
- Inpatient psychiatric treatment
- Residential services



# Forensic Services in the Community

- FACT
- CTT
- Forensic CPS
- JRS

# Target Population

## **Mental Health Roster C**

- Current DSM-V diagnosis (SMI)
- Prescribed psychotropic medications
- Actively receiving services from psychology

## **Mental Health Roster D**

- Current DSM-V diagnosis (often SMI)
- Diagnosis of Intellectual Disability
- Significant functional impairment
- Guilty But Mentally Ill (GBMI)

# Target Population

- DOC D roster policy
- Reentry & transition updates
- HTP Timeline
- Act 122

# Non-MH but still Hard To Place

- Elderly
- Intellectually Disabled
- Sex Offenders
- High needs D&A
- Violent / Aggressive behaviors

# Coverage & Funding for Services

- Medical Assistance (MA) is key to:
  - Physical health services
  - Mental health treatment & medication
  - Drug & Alcohol treatment
- **No MA greatly limits access**

# Coverage & Funding for Services

- Medical Assistance (MA) crucial
  - DOC auto-enrollment
    - 2 weeks before release
  - Need address
    - No home plan no problem

# Initial Planning: Questions to Determine Needs

- Do you want help with reentry planning?
- What are your goals?
  - What would help you achieve them?
- Do you want community treatment services and/or supports?

# Initial Planning: Home Plan

- Where did you live before?
  - Do you want to go back?
    - Are you allowed back?
  - Friends or family, even temporarily?
- Do MH symptoms indicate a need for supervision, structure, and/or specialized residential supports?



# Planning for Community Treatment

- Prior treatment services?
  - Were they helpful?
- What would help now based on:
  - Individual needs
  - Clinical recommendations
  - What's available

# Let's Talk About Housing

- Essential to successful reentry
- In the community MH system:
  - Housing is **NOT** an entitlement
  - Housing is **NOT** a service counties are required to provide

# Specialized MH Residential Programs: a continuum of care

- Community Residential Rehabilitation (CRR)
- Long-Term Structured Residence (LTSR)
- Specialized Personal Care Homes (SPCH)
- Residential Treatment Facilities (RTF-A)
  
- **\*\*County approval required for access**

# Competition for Services

- Waiting lists for services
  - ESPECIALLY Residential Services
- Limited access due to:
  - Lack of funds for expansion
  - Full caseloads
  - Insurance issues

# So who do you call?

- County Forensic Liaisons
- County MH Crisis Intervention
- County Base Service Units (BSU)

# So who do you call?

- The Forensic Liaison is here to help!
  - Bridge between corrections and the community
  - Knows the community resources and who to contact

# What's typically required: Outpatient MH

- Photo ID
- Active MA
- Proof of residency
  - Release letter

# What's typically required: MH Case Management

- Everything for outpatient and...
- County and/or agency specific referral form
- “Recent” Psychological evaluation
  - DC-551 and/or
  - Psych/MH notes



# What's typically required: Specialized MH Residential

- Everything for OP and CM and...
- Psychiatrist documentation of SMI
- Medical/physical evaluation
  - Lab work
- County/Program specific referral
  - Specialized documents & records

o Thank  
You!

# Presenters

- **Danny Beauchamp**
  - Regional Forensic Coordinator: Bucks, Chester, Delaware, & Montgomery Counties
- **Stacy Condie**
  - Unit Manager Justice Related Services: Allegheny County