

# 2019 Pathways for Victims Workshops

Monday, December 2<sup>nd</sup>, 2019

12:00PM – 1:30PM

Keynote Speaker: Tonier Cain-Muldrow

**Keynote Speaker Biography:**



Tonier works tirelessly to raise the awareness about trauma informed care around the world. She has trained providers in all 50 states. Tonier is an advocate and educator, speaking all over the world on trauma, addiction, incarceration, homelessness, substance abuse and mental health. Her work has been used as a model in other countries for the establishment of their trauma informed care protocols.

Tonier was the former team leader for the National Center for Trauma Informed Care, with the National Association of State Mental Health Program Director. Currently she works to create international leaders in the field of Trauma Informed Care. She hosts an annual national conference to update and enlighten providers on current best practices. Tonier's methods have proven to be effective, resulting in numerous awards for her work. She has been honored by two governors, a mayor and a state attorney with proclamations naming days after her, because of her help to transform their city and state.

Tonier is the C.E.O. and Founder of Tonier Cain International, Founder and President of Neen Cares, Inc. A 501 C 3, Founder and Co-C.E.O. of M.E.T.-R Integrated Health Global, as well as the Founder and C.E.O. of Purposeful Entertainment, a media production company.

She is an award-winning Film Producer that is the Creator and Producer of the upcoming tv show Restoration, Executive Producer of the film Walking Thru Bullets, subject and Co-Producer of the Award-Winning Film Healing Neen, along with being featured in the Documentary Behind Closed Doors: Trauma Survivors in the Psychiatrist System and advising on the film Like Any Other Kid.

Tonier is an author and serves as a Citygate Network Board Member. Her commitment to advocating for those who are often forgotten hasn't gone without recognition. She has been featured in many articles including December's 2014 Ebony magazine and appeared on over 17 talks shows. Tonier Cain uses her life experiences to make a difference for trauma survivors.

## 2:00PM – 3:30PM

### Session #1: Enforcing & Protecting Victim's Rights with Marsy's Law (Intermediate Level) **\*Systems Based\***

*Jennifer Storm, Victim Advocate, Commonwealth of Pennsylvania*

#### **Workshop Description:**

Marsy's Law has elevated victim's rights to our constitution thus giving enforcement and protection for the first time in PA. What does this mean to you? Are you knowledgeable on victim's rights? This session will illustrate all aspects of victim's rights, Marsy's Law implantation, your role and responsibility and answer any other questions you may have.

### Session #2: Let's Talk Racism: In Terms of Sexual Violence (Intermediate Level)

*Tatiana Piper, Community Advocacy Coordinator, Pennsylvania Coalition Against Rape*

*Jackie Strohm, Prevention & Resource Coordinator, Pennsylvania Coalition Against Rape*

#### **Workshop Description:**

As advocates, we are easily able to talk about sexual violence but often have difficulty relating other forms of oppression into our work. During this workshop, participants will learn to use the same terminology and examples from sexual violence to speak about racial justice issues. This workshop is recommended for people seeking additional tools to have tough conversations in the workplace and with allied professionals in order to end sexual and racial violence.

### Session #3: The ABC's of TIC: What does Trauma Informed Care Mean for my Organization (Management Level)

*Melody Dascanio, Tri-County Licensed Therapist, Domestic Violence Services of Southwestern PA*

#### **Workshop Description:**

Trauma Informed Care is becoming the gold standard, but this shift can often seem overwhelming and potentially even expensive. In this workshop, we will de-mystify Trauma Informed Care and discuss simple steps that your organization can take to implement Trauma Informed Care without going over budget.

### Session #4: 6 Legs are Better than 2: The use of Canine Assisted Advocates (Intermediate/ Management Level)

*Cynthia Snyder, Director of Clinical Services, Center for Victims*

*Jamie Mesar, Director of Operations, Children's Advocacy Center of Children's Hospital of Pittsburgh*

*Tammi Potts, Senior Canine Assisted Advocate, Center for Victims*

#### **Workshop Description:**

Victim Advocacy is provided by different agencies in a variety of ways, all with the same goal, supporting the client while minimizing the impact of traumatic stress. The Canine Assisted Advocacy Program at Center for Victims is one of a kind in using dogs and handlers to minimize the impact of traumatic stress. Our canines accompany clients from start to finish across multiple systems, providing consistency not otherwise available to victims. This workshop will explore the development of a Canine Assisted Advocacy program from beginning to end, including the use of canine advocates in the forensic interview, medical examination, therapy and court process.

### Session #5: Providing Trauma-Informed Grief Support Groups for Justice Involved Youth (Intermediate Level)

*Katherine Streit, Training Coordinator, Uplift Center for Grieving Children*

*Antoinette Sharp, Director of Professional Services, Department of Human Services, Philadelphia Juvenile Justice Services Center*

*Sarah Sweda, Crisis Intervention Coordinator, Uplift Center for Grieving Children*

#### **Workshop Description:**

It is widely documented that youth in criminal justice systems experience cumulative trauma, exacerbated by gun violence in Philadelphia. Despite escalating need, youth impacted by homicides face tremendous barriers accessing grief support. Youth are often referred to agency therapists who lack grief-specific training. To address this, a collaborative partnership between Philadelphia's only secure juvenile detention center and Uplift Center for Grieving Children successfully implements on-site grief support groups, specifically developed for youth grieving homicide deaths.

### Session #6: Recognizing the Impacts of Intergenerational Trauma (Intermediate Level)

*Angela Keen, Trainer, Eclipsing Trauma*

#### **Workshop Description:**

Victim service professionals readily recognize and understand how the traumatic experience as a crime victim impacts the people they serve. Many of those we serve have trauma histories. Research shows that trauma passes through generations and can change the biology of who we are. This workshop will explore multiple levels of trauma, how that impacts those crime victims we serve and how we can continue to respond in trauma informed ways.

### Session #7: From the Voices of Domestic Sex Trafficking Survivors: Experiences of Complex Trauma and Posttraumatic Growth (Intermediate/Advanced/Management Level)

*Heather Evans, Co-Founder and Board Vice Chair, Valley Against Sex Trafficking (VAST)*

#### **Workshop Description:**

Through the lens of complex trauma and posttraumatic growth, this workshop will share recent findings from a qualitative study that focused on the impact and experiences of domestic sex trafficking survivors. Through rich data from interviews and photovoice captioned images, workshop participants will hear and see direct evidences of the aspects of complex trauma as well as the capacity for posttraumatic growth. Finally, workshop participants will receive recommendations directly from the voices of survivors on what factors help or hinder community reintegration.

3:45PM – 5:15PM

### Session #8: Enforcing & Protecting Victim's Rights with Marsy's Law (Intermediate Level) **\*Systems Based\***

*Jennifer Storm, Victim Advocate, Commonwealth of Pennsylvania*

#### **Workshop Description:**

Marsy's Law has elevated victim's rights to our constitution thus giving enforcement and protection for the first time in PA. What does this mean to you? Are you knowledgeable on victim's rights? This session will illustrate all aspects of victim's rights, Marsy's Law implantation, your role and responsibility and answer any other questions you may have.

## Session #9: Trauma Among Transgender Communities: Visibility vs. Risk (Intermediate Level)

*Diane Dahm, Clinical Therapist, Persad Center*

### **Workshop Description:**

Research has shown that symptoms of trauma are more common among the transgender population, regardless of reporting of other known traumatic experiences. This presentation will review what we know about trauma in the transgender community and discuss the complexity of being visible in one's identity in a transphobic world. Participants will have the opportunity to discuss trauma informed interventions and ways to make their organizations affirming and culturally competent when it comes to transgender populations.

## Session #10: Attracting, Engaging, and Retaining Direct Service Volunteers (Intermediate/ Management Level)

*Maria Macaluso, Executive Director, Women's Center of Montgomery County*

*Rosemary Santulli, Direct Service Volunteer, Women's Center of Montgomery County*

*Christine Wiita, Direct Service Volunteer, Women's Center of Montgomery County*

### **Workshop Description:**

Organizational best practices for recruitment and retention of direct service volunteers that engaged volunteers while also effectively improving agency's ability to serve victims.

## Session #11: Collaborating in Incidents of Mass Violence (Intermediate Level) \*Systems Based\*

*Laura Bright, Victims Compensation Coordinator, Center for Victims*

*Stacie Brendlinger, Victims Compensation Manager, PA Commission on Crime and Delinquency*

### **Workshop Description:**

This workshop will discuss how a multi-agency response including local Victim Service Providers, VCAP, and Law Enforcement was conducted following the Tree of Life Synagogue shooting immediately following the incident and through the next six months. This workshop will discuss how support was provided to direct victims, families of victims, and the community impacted. We will discuss how agencies working together for the common good of our clients ultimately provided more streamline support.

## Session #12: Creating Effective Community Partnerships to Better Address Co-Occurrences of Substance Abuse (Intermediate Level)

*Shannon Shaffer, Mobile Coordinator, Crisis Center North*

*Kari Greenwood, Mobile Advocate, Crisis Center North*

### **Workshop Description:**

Presenters from Crisis Center North, a Victim Service Agency serving survivors of domestic violence in Allegheny County, will share with participants their experience creating a community partnership with a local a Drug and Alcohol Inpatient Rehabilitation Center. Attendees will learn about co-occurrence of Substance Abuse and Intimate Partner Violence, barriers to service for individuals experiencing co-occurrence, how and how to create effective local partnerships to better serve these clients.

**Session #13: Law Enforcement and the LGBTQ+ Community: Where we've been, where we are, and what we need to keep moving forward (Intermediate Level)**

*Jessica Tomchick, LGBTQ Victim Advocate, Center City Crime Victim Services*

**Workshop Description:**

This presentation will provide a brief history of the relationship between the LGBTQ+ Community and law enforcement within the United States. Attendees will learn why victims from the LGBTQ+ community may be apprehensive to cooperate with or even seek out the assistance of law enforcement. Covering the 1969 Stonewall Riots to recent debates about whether police presence should be seen at Pride events across the Nation, attendees will become more knowledgeable in the overall topic.

**Session #14: Homelessness and Domestic Violence (Intermediate/ Advanced Level)**

*Robin Walker, Transitional Housing Family Advocate, Lutheran Settlement House*

*Zachary Davidson, Housing Stabilization Specialist, Lutheran Settlement House*

**Workshop Description:**

Domestic Violence and Homelessness are not unique to one community. In this presentation we will discuss what it looks like to address these issues in Philadelphia focusing on the barriers that domestic violence survivors' face and the tools advocates use to promote empowerment.

# 2019 Pathways for Victims Workshops

Tuesday, December 3<sup>rd</sup>, 2019

8:30AM – 10:00AM

**Session #15: Traumatic Incident Reduction Techniques for Victim Service Providers (Intermediate/Management Level)**

*Billie Jo Weyant, Executive Director, CAPSEA, Inc.*

**Workshop Description:**

Traumatic Incident Reduction (T.I.R.) is a brief, simple one-on-one evidence based method for permanently removing the negative effects of trauma. It involves re-experiencing past traumas in a safe environment, free of distractions, judgments or interpretations.

**Session #16: Immigration Options for Crime Victims and Barriers to Safety (Intermediate Level)**

*Brenda Gorski, Immigrant Survivor Services Program Manager, Nationalities Service Center*

*Travis Shingledecker, Immigrant Victim's Services Case Manager, Nationalities Service Center*

**Workshop Description:**

Immigrant Victims of crime face unique intersecting barriers, a linguistic and culturally specific comprehensive advocacy model is imperative for their safety. Presenters in this workshop will discuss the process of implementing a linguistically-and culturally-specific comprehensive advocacy model, share challenges and lessons learned from a survivor and program perspective, and explore the ongoing evolution of the program. Participants will also learn about the different barriers experience by immigrant victims of crime and the immigration options available to them.

**Session #17: Community Mapping: A Tool for Trauma-Informed Community Development (Intermediate Level)**

*Bruce Harlan, Executive Director, Women's Services, Inc.*

*Jenny Tompkins, Opioid Intervention Counselor, Women's Services Inc., Meadville Medical Center, Crawford County Drug & Alcohol Executive Commission*

**Workshop Description:**

This workshop focuses on using mapping software to understand geographic hotspots of community trauma and violence. In Crawford County, the local college, women's organization, system of care, and anti-violence group collaborated to think creatively about collecting and analyzing community-scale data. This project supported data sharing, allowed the team to identify "micro-communities" for intervention, and continues to provide real-time data collection tools. A group activity will consider similar applications in other represented communities.

## Session #18: PA SAVIN (Intermediate Level)

*Jennifer Crotsley, SAVIN Support Manager, County Commissioners Association of Pennsylvania*

### **Workshop Description:**

The look of victim notification services is changing in Pennsylvania. This workshop will provide you with a look at the new system and demonstrate how it works. This system is web-based and user friendly. You can bring your own personal electronic device to walk through the system yourself. Join us to learn all of the benefits to victims across the Commonwealth through the CCAP PA SAVIN system.

## Domestic Violence Related Traumatic Brain Injury: Effects on Survivors and Best Professional Practices for Responding— Part 1

*Cora Koller, Medical Advocate, Crisis Center North*

*Betty Braxter, Assistant Professor, University of Pittsburgh- School of Nursing*

*Julie Himler, Community Education Director, YWCA York*

*Ellen Deibert, Neurologist, WellSpan Health*

*Jack Poplar, Chief Innovations and Advocacy Officer, Acadia, Inc.*

*Christen Coscia, Mindfulness Education Coordinator, YWCA York*

### **Workshop Description:**

Many survivors of domestic violence experience multiple traumatic brain injuries (TBI) (including strangulation) and are at risk of escalating to serious and sometimes lethal injury by their assailants. Many will go undiagnosed and symptoms may interfere with their safety and daily activities. This workshop will explore effective, evidence based, trauma informed, multi-disciplinary approaches for improved service delivery and victim outcomes. It will also share results of a collaborative project to provide comprehensive TBI medical and rehabilitative services specifically focused on this underserved population challenged with complex safety, financial, social, and medical difficulties.

## Session #20: We can do Better (Strengthening Service to Survivors in Kinship Custody Situations) (Intermediate Level)

*Deanna Weaver, Victim Advocate, Lancaster Victim Witness Services*

*Jackie Klopp, Survivor*

*Marjorie Paradise, School Psychologist/ Support Group Facilitator*

*Abby Keiser, Director of Family Life Services, COBYS*

### **Workshop Description:**

The rise in Drug Delivery Resulting in Death cases has resulted in many grandparents assuming the role of parent. This workshop will provide an overview of issues facing these families and how victim advocates can better serve them. A panel discussion will convene participants with first-hand knowledge of kinship custody situations and will highlight ways we can support those who suddenly take on the parenting role in drug delivery cases as well as certain homicides.

## Session #21: DA Based Advocates - The Next Step (Intermediate Level) **\*Systems Based\***

*Mary Beth Sayles, Victim Witness Coordinator, Pike County District Attorney's Office*

*Cindy Keeney, Director, Adams County Victims Services*

### **Workshop Description:**

After attending the Foundations Academy, one might be wondering what next? You have received the basics, now let's discuss the specifics to a DA Based Victim Witness Program. Mary Beth and Cindy have provided the Foundations Victim Services training and have been DA Based Victim Coordinators for 20 years. Learn from their expertise on best practices to run your DA Based Victim Services Program while adhering to PCCD's standards. Question/answer time is planned, please bring any questions and concerns to this workshop.

10:15AM – 11:45PM

## Session #22: Federal and State Human Trafficking Laws (Intermediate Level)

*Shea Rhodes, Director, Institute to Address Commercial Sexual Exploitation*

*Sarah Robinson, Justice for Victims Senior Fellow, Institute to Address Commercial Sexual Exploitation*

### **Workshop Description:**

This workshop will cover the federal and state human trafficking laws, including the Trafficking Victims Protection Act, the Justice for Victims of Trafficking Act, the federal crime, and Pennsylvania's comprehensive anti-trafficking statute, "Act 105 (2014)" and child prostitution immunity law, "Act 130 (2018)". This workshop will discuss data on the sex trafficking prosecutions occurring throughout the Commonwealth and compare arrest data for the crimes of buying sex and selling sex.

## Session #23: Applying Title IX in school-based sexual assault prevention and response (Intermediate Level)

*Donna Greco, Policy Director, Pennsylvania Coalition Against Rape*

### **Workshop Description:**

This interactive workshop will engage participants in ways they can apply Title IX guidance to their sexual assault prevention and advocacy efforts. The content of the workshop will include an overview of Title IX from a historical and current-day perspective; the importance of climate surveys in understanding risk factors for sexual violence; and specific prevention and advocacy strategies to consider in applying Title IX.

## Session #24: A Victim's Perspective on Understanding and Approaching Grief (Intermediate Level)

*Lynn Shiner, Victim Services Consultant and Author*

*Lisa Zoll, Licensed Clinical Social Worker, Grief Relief*

### **Workshop Description:**

Lisa Zoll, LCSW, and Lynn Shiner have developed a new approach of the grief process called "A Grief Trajectory." The approach is comprised of three aspects: event grief, working grief, and forever grief. It is designed with the following shortcomings of traditional models & approaches in mind: it eliminates stages, phases, and states, it eliminates a time frame for grief, it takes pressure off the griever to meet expectations of other models, it is nonlinear, and closure is not a goal. This workshop will combine learning and experiential activities. The presenters have published a book entitled "Grief: The Event, The Work, The Forever – A self-help book brought to you by the letter 'R'."



**Session #25: The SAFE-T Center: Transforming sexual assault care through telehealth technology (Intermediate/Management Level)**

*Sheridan Miyamoto, Assistant Professor and Director of the SAFE-T Center, Penn State College of Nursing*

*Cynthia Bittner, Project Manager, SAFE-T Center*

*Faith Mong, TeleSANE/ Clinical Nurse Coordinator, SAFE-T Center*

**Workshop Description:**

The SAFE-T Center (Sexual Assault provides innovative telehealth-enabled services to address access and quality of care issues in underserved communities by providing expert 24/7 live examination support, mentoring, peer networking, and education. In this workshop, we will present the SAFE-T Center model, discuss interdisciplinary community partnerships, and demonstrate our telehealth solution.

**Session #26: Domestic Violence Related Traumatic Brain Injury: Effects on Survivors and Best Professional Practices for Responding– Part 2**

*Cora Koller, Medical Advocate, Crisis Center North*

*Betty Braxter, Assistant Professor, University of Pittsburgh- School of Nursing*

*Julie Himler, Community Education Director, YWCA York*

*Ellen Deibert, Neurologist, WellSpan Health*

*Jack Poplar, Chief Innovations and Advocacy Officer, Acadia, Inc.*

*Christen Coscia, Mindfulness Education Coordinator, YWCA York*

**Workshop Description:**

This is a continuation of the first session: Many survivors of domestic violence experience multiple traumatic brain injuries (TBI) (including strangulation) and are at risk of escalating to serious and sometimes lethal injury by their assailants. Many will go undiagnosed and symptoms may interfere with their safety and daily activities. This workshop will explore effective, evidence based, trauma informed, multi-disciplinary approaches for improved service delivery and victim outcomes. It will also share results of a collaborative project to provide comprehensive TBI medical and rehabilitative services specifically focused on this under-served population challenged with complex safety, financial, social, and medical difficulties.

**Session #27: Transgender Cultural Humility (Intermediate Level)**

*Miller Hoffman, Contract Liaison, Pennsylvania Coalition Against Rape*

*Louie Marven, Training Specialist, National Sexual Violence Resource Center*

**Workshop Description:**

This workshop is designed as an interactive opportunity to discuss and better understand transgender and nonbinary gender identities. Participants will learn about language and vocabulary, interpersonal etiquette, and some of the unique ways people from these communities experience violence and sexual violence. The information and activities will both introduce (or review) some basics, as well as more deeply engage with matters concerning trans and nonbinary folks.

## Session #28: Restorative Justice 101 - Part 1 (Intermediate/Management Level) **\*Systems Based\***

*Susan Blackburn, Blackburn Consulting Services*

### **Workshop Description:**

Restorative justice is an approach to dealing with crime that focuses on identifying and repairing the harm caused to individuals and communities. Restorative justice is not a “Program” but a set of fundamental values, principles and processes. This workshop will provide participants with an overview of these fundamentals and introduce various restorative practices / programs that benefit crime victims, offenders and communities. Participants will receive copies of numerous publications and resources for further study.

3:00PM – 4:30PM

## Session #29: Combatting Human Trafficking with Anti-Demand Law Enforcement Strategies (Advanced Level)

*Shea Rhodes, Director, Institute to Address Commercial Sexual Exploitation*

*Sarah Robinson, Justice for Victims Senior Fellow, Institute to Address Commercial Sexual Exploitation*

*Connie Marinello, Detective, Upper Merion Police Department/ FBI Human Trafficking Task Force*

*Les Glauner, Detective, Upper Merion Police Department/ FBI Human Trafficking Task Force*

### **Workshop Description:**

This training will discuss anti-demand law enforcement strategies as a means to combat human sex trafficking. Using Pennsylvania law and arrest data as an example, we will reveal that the way buying sex and selling sex have been historically policed and prosecuted has done very little to reduce trafficking and demand for commercial sex. Rather, historic police practices have targeted victims. Participants will identify concrete steps for implementing anti-demand techniques into their respective efforts and be prepared to advocate for legislative reforms in line with the Nordic or Equality Model.

## Session #30: Cultivating Strength: The Design and Implementation of Trauma-Informed Services for Incarcerated Survivors

### **Workshop Description:**

Statistics demonstrate that a majority of incarcerated individuals have a trauma history, yet this population is amongst one of the most underserved. While working inside correctional facilities’ walls to provide PREA and counseling services, two agencies recognized the disparity between access to services and the availability of resources. This workshop will offer participants various strategies to assist in cultivating a positive relationship between the corrections system and their victim services agency. Presenters will share skills, lessons, and topics that are valuable in creating and sustaining a trauma-focused, psychoeducational group for this specific population. Personal accounts of challenges, successes, and results will be addressed so that participants can apply the information to their agency’s vital work with incarcerated survivors.

### Session #31: Exploitation, Abuse, & Trafficking of Older Adults (Intermediate Level)

*Karen Galbraith, Training Projects Coordinator, Pennsylvania Coalition Against Rape*

*Jessa Winas, Training & Technical Assistance Specialist, Pennsylvania Coalition Against Domestic Violence*

#### **Workshop Description:**

During this session, participants will gain foundational knowledge about the abuse, exploitation, and trafficking of older adults. Unique considerations for prevention, identification, intervention, and response will be explored, and opportunities for collaboration with community partners will be highlighted. Intended audience: Anyone interested in joining the conversation about how to identify, prevent, and respond more effectively to incidences of abuse, exploitation, and trafficking of older adults.

### Session #32: Human Trafficking: It's Closer than You Think (Intermediate Level)

*Pat Mowen, Prevention Specialist, Crime Victims' Center of Fayette County*

*Jo Ann Jankowski, Associate Professor, Penn State University- Eberly Campus*

#### **Workshop Description:**

Human Trafficking is not just a global problem--it's a local one too. Pennsylvania has experienced numerous human trafficking activities and no community is excluded from this heinous crime. Participants will become better equipped to further identify the indicators of human trafficking and the vulnerable populations that are targeted. Participants will also learn the approach to developing a task force and protocol at the county level. The more we know, the better we can provide care and disrupt this criminal activity and gross violation of human rights.

### Session #33: Office of the Victim Advocate – Exploring Post Sentencing Rights for Victims (Intermediate Level)

*Karen Laird, Director of Outreach and Programs, Office of the Victim Advocate*

*Tanner Widdowson, Director of Victim Services, Office of the Victim Advocate*

#### **Workshop Description:**

Will provide an overview of a victim's journey through post sentencing to include registration, parole, commenting options, connecting with local services in the victim's county, information regarding the offender while in an SCI or on Parole. Will also cover safety planning options for victims prior to their offender's release from state prison.

### Session #34: Removing Barriers to Language Access (Intermediate Level)

*Damary Rodriguez, Language Access Coordinator, Pennsylvania Coalition Against Rape*

#### **Workshop Description:**

This workshop discusses the legal and ethical obligations around language access as well the challenges and successes of the Enhancing Language Access for Survivors of Sexual Violence Project.

### Session #35: Restorative Justice 101 – Part 2 (Intermediate/Advanced/Management Level) \*Systems Based\*

*Susan Blackburn, Blackburn Consulting Services*

#### **Workshop Description:**

Restorative justice has become more prominent in recent years with documented positive outcomes for those who participate in these processes. This workshop will build on the fundamentals of RJ by exploring a continuum of restorative practices with discussion of the inherent challenges and benefits on the implementation and application of these practices. A review of recent research and programmatic outcomes will assist participants in advancing restorative practices. Participants will receive copies of numerous additional resources.

7:00PM – 8:30PM

**Plenary Session: Blackout Girl: Sexual Assault and Addiction, Understanding the Link**

*Jennifer Storm, Victim Advocate, Commonwealth of Pennsylvania*

**Session Description:**

A short documentary and discussion shining a light on the dark secrets of shame and addiction and revealing a path towards healing and recovery. Blackout Girl shows us that addiction and other mental health disorders are directly linked to the trauma of sexual violence and in fact often used as coping mechanisms.

**Speaker Biography:**



Governor Tom Corbett nominated Jennifer R. Storm as Commonwealth Victim Advocate on November 8, 2013. She was confirmed by the state Senate on Dec. 10, 2013, to serve a six-year term. As Victim Advocate, she is responsible for representing the rights and interests of crime victims before the Board of Probation and Parole (PBPP) and the Department of Corrections (DOC) and to provide notification to crime victims of the potential for inmate release, opportunity to provide testimony, and notification of the inmate's movement within the correctional system. Further, Ms. Storm is responsible for advocating the interests of adult and juvenile crime victims throughout Pennsylvania.

Prior to this appointment, Ms. Storm served for 10 years as executive director of the Dauphin County Victim/Witness Assistance Program, a non-profit organization which provides direct services to victims of crime, community outreach and training in victim's rights, and crisis response services.

The author of several books and magazine articles, Ms. Storm has received numerous awards for the telling of her personal story of victimization, addiction and recovery. She has traveled the country giving keynotes, lectures, workshops, and panel discussions regarding victims' rights, LGBT rights, addiction and recovery, and civil rights.

Ms. Storm has been profiled in, and interviewed for, many major national media outlets including: NBC's The Today Show and Dateline, People Magazine, CNN, Rolling Stone Magazine, World News Tonight with Diane Sawyer, CBS 48 Hours Live to Tell, E! News, Washington Post, Business Weekly, USA Today and many more.

Ms. Storm currently serves on the Pennsylvania Commission on Crime and Delinquency, Victims' Services Advisory Committee, PA Commission on Sentencing, Crime Victims Alliance of PA, the State Council for The Interstate Compact on Juvenile and Adult Offenders and chairs the PA Task Force on Restitution.

# 2019 Pathways for Victims Workshops

Wednesday, December 4<sup>th</sup>, 2019

9:00AM – 10:30AM

Keynote Speaker: Lisa Mills

**Keynote Speaker Biography:**



After years of working in family and community partnerships through social service programs and nonprofit organizations, Lisa Mills sensed that something new was on her professional horizon. Not knowing what that could be she took some time away from her then current position in order to figure it out. It was during this time that Lisa had the accidental privilege of standing on stage at a women’s conference where she was given the last-minute charge to “make people fall out of their seats laughing.”

That event changed everything! For Lisa, it marked the beginning of being on the road and building a successful full-time comedy career and speaking business from the ground up. An accomplishment she credits to that one moment of insane courage years ago, while standing on that stage telling jokes and sharing hope with those amazing women.

Regularly asked how she comes up with laugh out loud material, Lisa responds, “Plain and simple, there is enough laughter in everyday life to keep us all in stitches if we will just look for it!” Lisa’s unique blend of slightly skewed, southern-spun humor appeals to a variety of audiences. Convinced that there are more things that unite us than separate us, she brings all types of people together through laughter. Lisa’s hilarious authenticity makes her a definite dynamo to any program.

Lisa is an award-winning comedian, motivational speaker, actor, and author. Her acting debut was working alongside network television’s favorite military gal, Catherine Bell on the Lifetime Channel’s hit show, *Army Wives*. As an in-demand keynote speaker, she is known for her message of Transforming Ordinary Into Extraordinary. Her always funny, laser-sharp wit has been featured on the Lifetime Network, NOW Network, Impact Network, Netflix, the Dove Channel, and iHeart Radio. She can be seen headlining venues around the country while touring and promoting her latest book, *Lord Did I Really Shave My Legs For This?*

Lisa Mills resides just outside the city of Atlanta with her awesome husband and two amazing sons.

## 11:00AM – 12:30PM

### Session #36: Protective Services in PA - The Other Victim Service Providers

*Denise Getgen, PA Department of Aging*

*Laura Deitz, Department of Human Services, Adult Protective Services*

#### **Workshop Description:**

This workshop will provide an overview of both the Adult and Older Adult Protective Service laws and related regulations including mandatory reporting provisions, and case examples. Focus will be on how Protective Services can and should collaborate with victim service providers. When elder abuse occurs in a long-term care setting, it's important to ensure that long term care consumers are educated and supported in accessing their rights. This session, presented by a long-term care ombudsman and a victim advocate, will explore both nursing home resident rights and victim rights, how crime manifests in long-term care settings and the many challenges long term care elder victims of crime face.

### Session #37: Implementing Evidence Based Treatment for Empowering Male Survivors of Sexual Violence (Intermediate/Advanced/Management Level)

*Carlos Golfetto, Director of Clinical Services, Pittsburgh Action Against Rape*

#### **Workshop Description:**

This presentation will illustrate Pittsburgh Action Against Rape's (PAAR) integrative approach to trauma-focused therapy with male survivors of sexual violence. The presenter will discuss modalities such as Cognitive Processing Therapy (CPT), Eye Movement Desensitization and Reprocessing (EMDR), and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). These modalities help male survivors of sexual violence regain a sense of self and process posttraumatic stress related issues.

### Session #38: Recovering from Trauma: Tools for Supporting Teens and Their Families from a Hospital-Based Violence Intervention Program (Intermediate Level)

*Caroline Menapace, Child and Family Therapist, Children's Hospital of Philadelphia Violence Intervention Program*

*Jody Thigpen, Violence Prevention Specialist, Children's Hospital of Philadelphia Violence Intervention Program*

#### **Workshop Description:**

The CHOP Violence Intervention Programs aims to reduce post-traumatic stress and other negative psychosocial outcomes for violently injured youth and their families. We will describe our program's integration of trauma-focused mental health services into existing trauma-informed, family-centered case management services within a pediatric hospital. We will provide hands-on tools for engaging and supporting teens and their families in healing and recovering after a traumatic event.

### Session #39: Eliminating Barriers in Underserved Communities: A Multi-System Initiative **\*Systems Based\***

*Heather Ulrich, Outreach and Education Coordinator, Berks County District Attorney's Office Victim/Witness Unit*

#### **Workshop Description:**

This workshop will give victim advocates new tools to conduct outreach to the underserved communities they assist, with an emphasis on victims of human trafficking, homelessness, at-risk youth, and undocumented immigrants. The workshop will focus on the benefits of multisystem collaboration, and will study the successes and challenges of the Berks County Victim/ Witness Unit's outreach initiative that concentrates on increasing the reach to underserved individuals by reducing barriers that prevent them from accessing services.

## Session #40: Examining the Intersection of Age and Marginalization Among Older Crime Victims

*Katie Block, National Resource Center for Reaching Victims Project Coordinator, National Abuse Clearinghouse on Abuse in Later Life*

*Juniata Davis, Associate Director, National Abuse Clearinghouse on Abuse in Later Life*

### **Workshop Description:**

This workshop will provide a foundation for how service providers and systems can effectively support older victims of crime from marginalized communities. We will examine experiences of older people of color, and historically marginalized communities and how historical trauma and institutional racism impacts access and barriers to healing services and just outcomes. The workshop will be a combination of presented information and a facilitation of a dynamic discussion with participants.

## Session #41: Serving Immigrant Survivors of Domestic Violence & Sexual Assault

*Sarah Martin-Torres, State Liaison, Pennsylvania Immigration Resource Center*

*Karla Rios-Orengo, Legal Advocate, Pennsylvania Immigration Resource Center*

### **Workshop Description:**

Join us for a discussion of the unique dynamics of domestic and sexual violence experienced by immigrant survivors and an overview of the forms of immigration relief available to survivors. Common barriers to help seeking will also be discussed, along with concrete tips and best practices your agency can implement to ensure services are responsive to the needs of immigrant and Limited English Proficient survivors.

## Session #42: Implementation of Trauma Processing Yoga Groups in Victim Service Organizations

*Charity O'Reilly, Counseling Coordinator, Network of Victim Assistance (NOVA)*

*Kelly Hagenbaugh, Community Counseling Coordinator, Network of Victim Assistance (NOVA)*

### **Workshop Description:**

Presenters Kelly Hagenbaugh and Charity O'Reilly are in their third year of implementing Trauma Processing Yoga Groups for survivors of interpersonal violence. In this workshop, they will discuss theory of trauma informed yoga and its practice in groups, as well as challenges and lessons learned from implementation of a TPYG program. There will also be an experiential segment for those who would like to participate.