

**2017 Statewide Crisis Intervention Team Meeting
Holiday Inn Harrisburg/Hershey
March 23 – 24, 2017**

Session Description

CIT Verbal De-Escalation Train-the-Trainer

Trainers: Dr. Randolph Dupont, Dr. Thomas Kirchberg, and Major Sam Cochran (ret), MS

The CIT Verbal De-Escalation Training class is based on the nationally-recognized Crisis Intervention Team Model. The goal of this training is to provide mental health and law enforcement attendees with an in-depth understanding of two specific Verbal De-Escalation training components: (1) Skills and Strategies and (2) Train-the-Trainer engagement.

One of the most powerful skill trainings in the CIT curriculum is the Crisis De-Escalation Training (CDT). Feedback consistently lists this as one of the most valuable parts of the overall training. However, there are only a limited number of qualified individuals available to provide this intensive skill training. The following outline provides an introduction to this training. The training will discuss the basic background for de-escalation techniques and provide strategies to teach these specialized skills. The emphasis will be on practice throughout the workshop.

The University of Memphis CIT Center is presenting a 16-hour (two-day) Train-The Trainer workshop for selected CIT partners for the State of Pennsylvania. CIT Verbal De-Escalation Training serves to enhance crisis first responder skills (CIT Officers). CIT Verbal De-Escalation Training offers both didactical and experimental roleplaying exercises. Attendees will participate in skills and strategy learning modules throughout the CIT Train-The-Trainer workshop.