



# FRANKLIN TOGETHER

REENTRY COALITION OF FRANKLIN COUNTY

# Franklin Together

- **Our Vision is for all formerly incarcerated individuals to successfully return to the community and remain free!**



# Coalition Purpose



- Identify gaps to successful reentry



- Educate on how the criminal justice system impacts the community



- Reduce the stigma experienced by returning individuals



- Motivate community members to become involved in the coalition

# FAMILY IMPACT OF INCARCERATION

**NEARLY HALF**

of all adults living in the United States have experienced incarceration in their family





Children with an incarcerated parent are **6 TIMES** more likely to be incarcerated themselves



**95%** of those incarcerated in the USA will eventually be released back into the community



of those released will return to Jail in **3 YEARS** or less

## THE COST OF CORRECTIONS

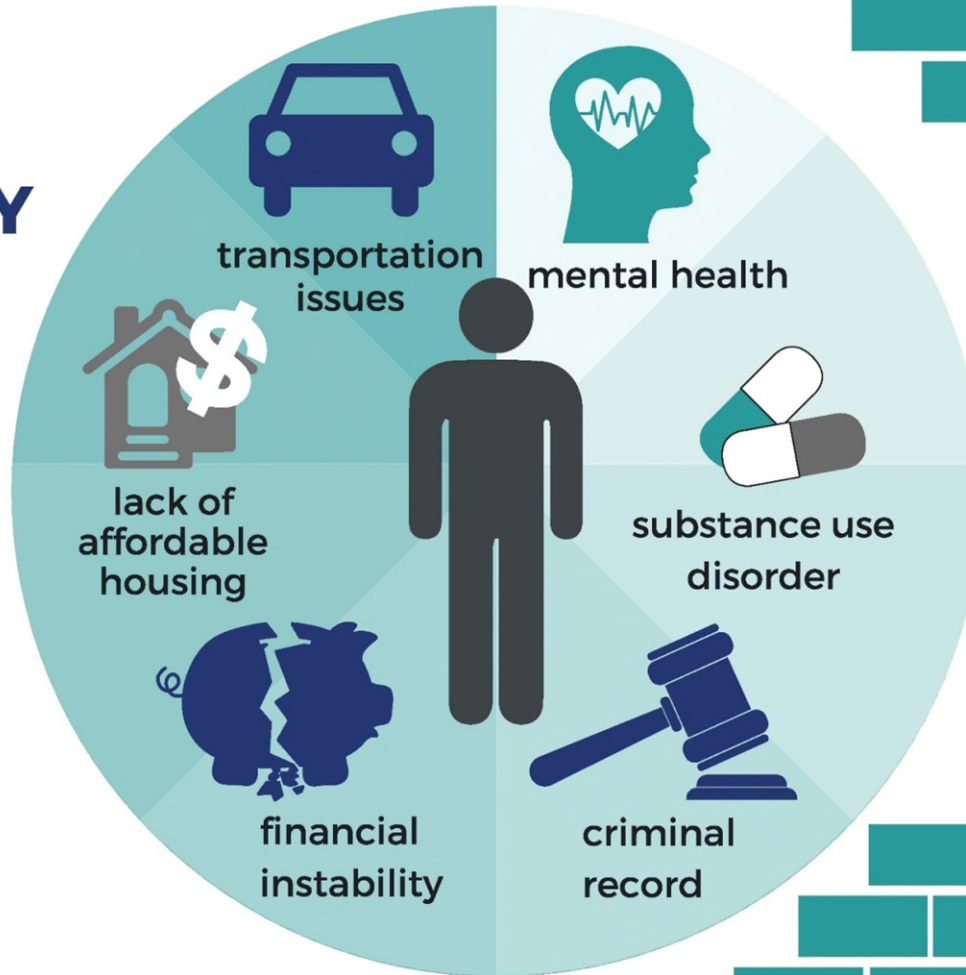
it costs **FRANKLIN COUNTY**  
**\$117 a day** per inmate  
in the Franklin County Jail



**79%**

of the county budget is spent  
on Crime, Courts, & Criminal  
Corrections

**THERE ARE MANY  
OBSTACLES TO  
SUCCESSFUL  
REENTRY**





# Current Initiatives

**Home Start**



**GEAR FOR CAREERS**

**Suds Up!**



**Care Pack Project**

**HOPE**



**The Reentry Employment Alliance**



**MOVING  
FORWARD**

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SUPPORT GROUP



- Received \$50,000 PCCD grant in February 2021
- Groups started in March 2021
- 13 peer facilitators
- 7 locations (churches, mental health center, addiction center, recovery homes)
- 6 days a week
- 10 groups per week

# PCCD Funding

- Peer Facilitator pay
- Office supplies
- Incentives
  - Sheetz \$10 gift cards
  - Walmart \$25 gift cards





# Peer Facilitators

- Must complete application
  - Current charges
  - Pending charges
  - Currently on supervision – if so, PO's name
  - Projected supervision end date
  - Have you been unsuccessfully discharged from any program in the last 12 months?
- Application reviewed by Steering Committee for acceptance



# TRAINING

- Zoom - 2 sessions -2 hours
- Session 1 Topics
  - Incarceration and Recidivism Stats
  - Understanding Criminogenic Risks and Needs
  - Trauma Informed Care
    - ACEs
  - Recovery Principles

# TRAINING

- Session 2 Topics
  - Facilitation Principles
  - Verbal and Nonverbal Interactions
  - Co-facilitation
  - Active Listening
  - Role Plays
  - Mindfulness Exercises



- Length - 90 minutes
- Structure - Follow lesson plans
- Mindfulness Starter - Each facilitator has a kit that includes CD player, CDs, color changing oil diffuser, oils, and kinetic ball
- Start and end on time
- Incentives - \$10 and \$25 gift cards



# Lesson Topics

- How to build a support network
- Needs versus wants
- Giving back and helping others
- Asking for help
- Dealing with unhealthy relationships
- Staying hopeful
- Handling fears
- Rebuilding trust
- Reconnecting with family
- Shame versus guilt
- Forgiveness
- Honesty
- Understanding triggers leading to trouble
- Coping with loss
- Ways to use your strengths
- Learning to be accountable
- Handling frustration
- Denial
- Setbacks
- Creating a plan for change
- Financial Security
- Adverse Childhood Experiences (ACEs)
- Medication Assisted Treatment (MAT)
- Principles of Harm Reduction
- Changing Perspective
- Mindfulness Practice and Application

# Lesson Handouts

- Being a Support to Others
- Building a Support Network
- My Support Network
- Needs Versus Wants
- Benefits to Helping Others
- Asking for Help
- 10 Signs of an Unhealthy Family
- 10 Signs of an Unhealthy Relationship
- Staying Hopeful in Hard Times
- Dealing with Fears
- Rebuilding Trust
- Reconnecting with Family
- Shame Versus Guilt
- Benefits of Forgiveness
- Honesty is the Best Policy
- Triggers Worksheet
- Stages of Grief
- The Grieving Process
- Personality Test
- Accountability
- Tools for Handling frustration
- Denial
- Common Setbacks
- Change Plan
- Financial
- ACEs

# Lesson 1 – How to Build a Support Network

- **Items Needed**

- Mindfulness kit
- White Board & Dry Erase Marker OR Wall Post It/Paper Flip Chart & Marker
- Handout – *Being a Support to Others*
- Handout – *Building a Support Network*
- Handout – *My Support Network*

# Lesson 1 – How to Build a Support Network

- **Mindfulness Exercise**

- Begin with 5 minutes of breathing and mindfulness visualization.

- **Discussion Starter**

- Everyone needs support. When we do not have a support network we have no one to turn to when we need to talk or vent. The people we include in our network are important. We need people who have the essential traits needed to be helpful to our journey.



# Lesson 1 – How to Build a Support Network

- Group question - Let's make a list of essential traits for a support person to have. I have a list of 10. Let's see how many traits you can list and then we will compare our lists.

- |               |                          |
|---------------|--------------------------|
| • Trustworthy | Non-judgmental           |
| • Honest      | Supportive in good times |
| • Dependable  | Fun to be around         |
| • Loyal       | Supportive in bad times  |
| • Empathic    | Good listener            |

# Lesson 1 – How to Build a Support Network

- **Activity**
- Provide group with copies of the handouts, My Support Network, Support Wheel, and Being a Support to Others. If there is time, have the group members complete the handouts. If you are out of time then just talk about the importance of completing the handouts. Give members time to ask people in the group for information in case they want to use them for support.

## Being a Support to Others

Are you ready to be a support to someone else? Check the traits needed to be supportive and see if you are prepared for the job.

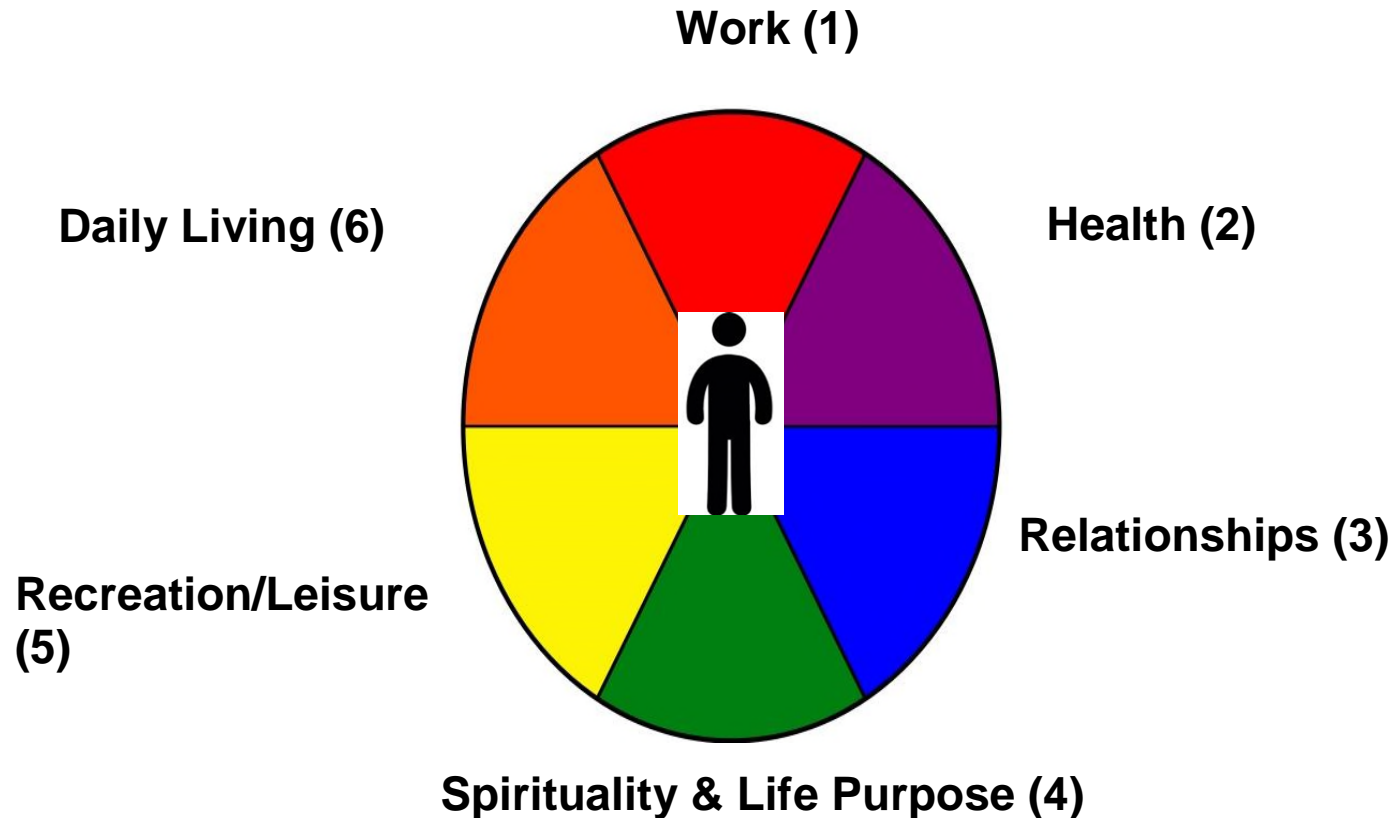
### Eight Traits of Supportive People

- Empathy – are you able to put yourself in someone else's shoes and see their point of view?
- Recognize a person's value – are you able to see the value of a person rather than just seeing their behavior?
- Goals and interests – are you able to help others set goals that use their strengths and support their wants and needs?
- Listen – are you a good listener?
- Positive feedback – are you able to give constructive feedback?
- Positive attitude – do you have a positive outlook that is contagious to others?
- Modeling – are you doing what you need to do in your own life to be helpful to others?
- Time – do you have time to give to others?

### 10 Advantages to Supporting Others

- It makes us happy
- It helps people like us
- It strengthens our positive emotions
- It makes us more optimistic
- It increases our spiritualism
- It boosts our self-esteem
- It improves our sleep
- It enhances our energy level
- It reduces stress
- It helps us focus on our goals

# BUILDING A SUPPORT NETWORK



Directions: Identify at least one support person in each area of your life. If you do not have anyone then think about who you could add to the list that could help in that sector.

# Needs Versus Wants

Comparison	NEEDS	WANTS
Meaning	Basic requirement must be fulfilled to survive	Things that would be nice to have or do
What is it?	Something you must have to live	Something you wish you had
Represents	Necessity	Desire
Survival	Essential	Unnecessary
Change	May be constant over time (need for water and air)	May change over time (new car, tattoo)
Non-fulfillment	Death	Disappointment

# PCCD Funding Report

- Different individuals
  - 118
- Attended at least 4 groups
  - 25
- Attended at least 16 groups
  - 20
- Recidivism rate for group participants returning to the county jail for any reason
  - 2%



# Survey Results

- Group Discussions

Extremely Satisfied	Somewhat Satisfied	Neither Satisfied or Dissatisfied	Somewhat Dissatisfied	Highly Dissatisfied
77%	18%	5%		

- Lesson Topics

Extremely Satisfied	Somewhat Satisfied	Neither Satisfied or Dissatisfied	Somewhat Dissatisfied	Highly Dissatisfied
64%	29%	7%		

- Handouts

Extremely Satisfied	Somewhat Satisfied	Neither Satisfied or Dissatisfied	Somewhat Dissatisfied	Highly Dissatisfied
61%	25%	14%		





# Survey Results

- Group Structure

Extremely Satisfied	Somewhat Satisfied	Neither Satisfied or Dissatisfied	Somewhat Dissatisfied	Highly Dissatisfied
73%	20%	7%		

- How likely are you to recommend this group to a friend?

Extremely Likely	Somewhat Likely	Neither Likely or Unlikely	Somewhat Unlikely	Highly Unlikely
80%	20%			

- I feel the facilitators care about me

Strongly Agree	Agree	No opinion	Disagree	Strongly Disagree
77%	23%			



# Survey Results

- I have learned things in this group that help me in my day-to-day life

Strongly Agree	Agree	No opinion	Disagree	Strongly Disagree
64%	29%	7%		

- I would attend this group if there were no incentives given

Extremely Likely	Somewhat Likely	Neither Likely or Unlikely	Somewhat Unlikely	Highly Unlikely
60%	23%	15%		1 (2%)



# Name three (3) things you like about group

- **Informative**
- Peers
- Voluntary
- Not boring
- Able to share
- **Learning new things**
- **Supportive**
- **Nonjudgmental**
- Topics
- Friendly
- Comfortable
- **Respectful**
- **Positivity**
- **Honesty**
- Gift cards
- Able to speak freely
- My input matters
- Keeps it real
- Connection
- Discussions
- Fellowship
- **Group structure**

# Suggestion to improve groups

- Have more groups
- Get the word out for more people to attend
- Snacks



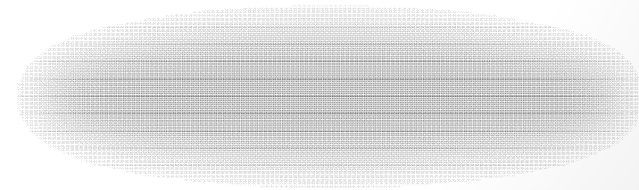
# After PCCD Funding

- 10 facilitators
- 5 locations – no churches
- 6 days a week
- 8-10 groups per week
- Incentives
  - Groups of 8 or less – draw one \$10 gift card
  - Groups of 9 or more – draw two \$10 gift cards
- Every 4 group certificate given to Probation - \$15 reduction in monthly supervision fee



# Sustainability

- Franklin Together budget
  - Increased \$10,000 for initiatives
- Donations
  - Church gave 30 \$25 gift cards
- Sponsorship Drive
  - \$6,000



# Expanding on a Good Idea!

- Purchase a Moving Forward Kit
  - Handouts, lessons plans, mindfulness kit, marketing materials
- Includes training staff and facilitators
- Purchase yearly access to our Google Drive and all supporting documents





# Father Gregory Boyle

## Author of “Tattoos on the Heart”

- Only kinship. Inching ourselves closer to creating a community of kinship such that God might recognize it. Soon we imagine, with God, this circle of compassion. Then we imagine no one standing outside of that circle, moving ourselves closer to the margins so that the margins themselves will be erased. We stand there with those whose dignity has been denied. We locate ourselves with the poor and the powerless and the voiceless. At the edges, we join the easily despised and the readily left out. We stand with the demonized so that the demonizing will stop. We situate ourselves right next to the disposable so that the day will come when we stop throwing people away.

# Contact Information

- Email or call
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